

Starting January 31, 2010

CORNERSTONE U

child care provided • 10:45AM Sundays



Class sign-up begins on January 3rd!
Be looking for more classes after Easter!

Cornerstone U is designed with you in mind. No matter where you are on the spiritual continuum, these classes will help you grow toward a greater Christ likeness, in the every day moments of your lives.

C-STONE U CLASS NAME	START DATE AND NUMBER OF SESSIONS	DESCRIPTION
Soul Training <i>Eric Haskins</i>	January 31, February 7, 14, 21 - with a day Retreat on Saturday, February 27.	Overview of spiritual practices that help you create space for God. Class concludes with a guided, one day spiritual retreat.
Invest and Invite <i>Ben Newman</i>	January 31, February 7, 14, 21	One of our membership classes leading you to a natural way to share your faith in Christ with others.
Fasting <i>Kerri Bednarchuk</i>	January 31, February 7 NOTE: This is a ONE session class that is offered two times.	Overview of the spiritual practice of fasting. Great way to prepare for Lent.
Cornerstone 101 <i>Overseer</i>	Monthly: February 14, March 28, May 2	One of our membership classes that walks through the basics of, "what is Cornerstone?"
Sacred Pathways <i>Ben Newman</i>	February 14, 21	Discover how you are uniquely created to best connect with God.
Compassion 101 <i>Shannon Rutz</i>	February 28	Grow in your understanding of what living a lifestyle of compassion is all about. Focus is on doing what you can, with what you have, where you are.

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C-STONE U CLASS NAME	START DATE AND NUMBER OF SESSIONS	DESCRIPTION
5 Love Languages <i>Sarah Duesterbeck</i>	<u>MONDAY</u>, February 3, at the Main Library in LaCrosse at 7pm.	What if you could say or do just the right thing guaranteed to make that special someone feel loved? The secret is learning the right love language!
Network 101 <i>Ben Newman</i>	February 28, March 7, 14, 21	One of our membership classes that helps you to begin to discern how God has uniquely gifted you to serve in His body.
Compassion By Command <i>Shannon Rutz</i>	March 7, 14, 21, 28	The study takes you deep into Scripture to better understand God's heart for the poor and the responsibility we have in helping those in poverty.
Life Group Leader Training <i>Ben Newman</i>	April 11, 18, 25, May 2	Designed for new leaders and apprentices, this class will help you develop your gifts and skills in order to use them for effective leadership.
Biblical Stewardship <i>Jon Zlabek</i>	April 18, 25	One of our membership classes that helps you gain a biblical perspective on finances along with practical helps to form and manage a budget.
MEN'S 4-Day Silent Retreat <i>Eric Haskins</i>	June 3-6 at The Demontreville Jesuit retreat house in Lake Elmo, MN.	Registration opens in March. See Eric for more details.

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	JAN 31	FEB 7	FEB 14	FEB 21	FEB 28	MAR 7	MAR 14	MAR 21	MAR 28	APR 4	APR 11	APR 18	APR 25	MAY 2	MAY 9	MAY 16	MAY 23	MAY 30
Soul Training	█	█	█	█														
Invest & Invite	█	█	█	█														
Fasting	█	█	Note: This is a ONE session class offered on two consecutive Sundays.															
Cornerstone 101			█						█					█				
Sacred Pathways			█	█														
Compassion 101					█													
Network 101					█	█	█	█										
Compassion By Command						█	█	█	█									
Life Group Leader Training											█	█	█	█				
Biblical Stewardship												█	█					
Mens 4-Day Silent Retreat						June 3-6; Registration opens in March.												

Don't forget about the 5 Love Languages class at LaCrosse's Main Library on Feb. 3 at 7pm.