

Abide: A Spiritual Retreat For Life Groups

Key Passage John 15:1-17

Hello Life Groups Leaders!

What you have below is a simple frame work to lead your life group through a day spiritual retreat. I encourage you to add your own personal touches and modify to your groups needs. If you have never been on a spiritual retreat or feel at a loss as to how to lead your group through this please contact me. I'd love to walk you through it and give some pointers.

Enjoy!

Pastor Eric : -)

• A Few Leader Notes ~~~~~

- You will need to use the prepared guide book for your group. Simply let the church office know how many copies you will need and when you will need them and they will put them together for you.
- Note: This retreat was designed for silence to be kept unless otherwise noted. I'd encourage to keep silence for a good portion of it but again feel free to adjust as needed.
- For the worship pieces simply compile some of your favorite worship songs on you Mp3 player or a CD. Be sure the song fits the mood.

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### **• 8:30-9:30 - Movement #1**

- Welcome and Overview of the day. Walk down schedule.

- Kids in Tree Exercise: Using the “kids in the Tree Picture” have the group answer the question - Which child best describes how they feel in their relationship with Jesus?

- Prayer of the Day

- Worship in Song

- Listening to Jesus: John 15:1-4 (Read 2x)

• **9:30-11 - Abiding:**

- Prayerfully reflect on the questions for Movement #1 on page 3.

• **11-11:20 - Movement #2**

- Prayer of the Day

- Worship in Song

- Listening to Jesus: John 15:5-11 (Read 2x)

• **11:20 - 12:15 - Abiding**

- Prayerfully reflect on the questions for Movement #2 on page 3.

• **12:15-1:00 - Lunch in Communal Silence.**

- Prayer of the Day

• **1:15-1:35 - Movement #3**

- Prayer of the Day

- Worship in Song: I Love Your Presence

- Listening to Jesus: John 15:12-17

- [My Thoughts.]

• **1:35 - 2:45 - Abiding**

- Prayerfully reflect on the questions for Movement #3 on page 3.

• **2:45 - 4 - Closing Communion Experience, Being Loved & Expressing Our Joy**

- Prayer of the Day

- Open Sharing on Experience

- ***Communion Experience***

- Worship in Song

- Receive Communion

- Worship in Song

- **Group Circle of Prayer** and tradition calls for . . .