



## **Henry Cloud**

*Peoples most basic need in life is relationship.  
People connected to other people thrive and grow and those not connected wither and die.  
It is a medical fact, for example, that from infancy to old age, health depends on the amount of social connection people have . . . virtually every emotional and psychological problem, from addictions to depression has alienation or emotional isolation at its core.*



## *We're Lonely and It Shows*

**“American’s are  
among the loneliest  
people in the world.”**

**- George Gallop**

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## **Hebrews 10, NLT**

*<sup>24</sup>Think of ways to encourage one another to outbursts of love and good deeds. <sup>25</sup>And let us not neglect our meeting together, as some people do, but encourage and warn each other, especially now that the day of his coming back again is drawing near.*



***<sup>24</sup>Think of ways to encourage one another to outbursts of love and good deeds.***

- **Focus is on others.**
- **Too many of us view small groups as another way to focus on ourselves.**

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## ***John 15, NIV***

***<sup>9</sup>As the Father has loved me, so have I loved you. Now remain in my love. <sup>10</sup>If you obey my commands, you will remain in my love, just as I have obeyed my Father's commands and remain in his love. <sup>11</sup>I have told you this so that my joy may be in you and that your joy may be complete. <sup>12</sup>My command is this: Love each other as I have loved you.***



***24 Think of ways to encourage one another to outbursts of love and good deeds.***

- **Focus is on others.**
- **Too many of us view small groups as another way to focus on ourselves.**
- **John 15:9-12 = complete joy when focus in on God and others.**

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## *Growing Forward in Community*

- **Where are you in the illustrations given?**
- **Experiencing crowded loneliness?**
  - *share that with your life group and let God use them to be part of the healing process.*

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## *Growing Forward in Community*

- **Where are you in the illustrations given?**
- **Experiencing crowded loneliness?**
- **Practically spur one another on towards love and good deeds to those outside your life group.**

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